

Sandwiches

COLD SANDWICHES

	SMALL	LARGE
Amato's Original Real Italian Ham, cheese & all the veggies	3.69	4.79
Double Real Italian Twice the ham and cheese	4.59	5.99
Classic Italian Cold Cut Genoa salami, capicola, prosciutto & provolone	4.99	6.99
Veggie Italian With American Cheese	3.69	4.79
All Natural Turkey	4.99	6.99
Roast Beef	4.99	6.99
Pepperoni	4.39	5.99
Genoa Salami & Provolone	4.39	5.99
Tuna Salad	4.99	6.99
Chicken Salad All white meat	4.99	6.99

All above sandwiches served with American cheese, onions, pickles, tomatoes, green peppers, olives, salt, pepper and oil

Your choice of bread: White / Wheat Roll, Sliced Rye

Each extra vegetable	.50	.75
Extra Provolone, Swiss or American	.60	.95
Extra Pizza Cheese	.85	1.15
Extra Meat	1.00	1.50

WRAPS

Veggie With American cheese, onions, pickles, cucumber, lettuce, tomato & mayo	5.59
Turkey Bacon With American cheese, lettuce, tomato & mayo	6.79
Chicken Salad or Tuna Salad With lettuce & tomato (white meat chicken)	5.79
Angus Steak & Cheese With American cheese, lettuce, tomato & mayo	6.99
Grilled Chicken With lettuce & tomato	6.99
Grilled Chicken Club With bacon, lettuce, tomato & mayo	6.99
Crispy Chicken Bacon Ranch With lettuce & tomato	6.99
Grilled Chicken Caesar with romaine lettuce & romano cheese	6.99

Wrap flavors: White, Wheat, Sundried Tomato & Spinach

HOT SANDWICHES

	SMALL	LARGE
PARMIGIANA		
Meatball Parmigiana	4.69	6.69
Sausage Parmigiana	5.89	7.49
Chicken Parmigiana	4.69	6.69
Eggplant Parmigiana	4.99	6.99
All parmigiana sandwiches are oven baked with provolone & mozzarella		
Angus Steak & Cheese	5.99	7.79
With onions, peppers & mushrooms		
Grilled Sausage With onions & peppers	4.69	6.69
Chicken Tender	4.69	6.69
With lettuce, tomatoes & mayo		
Grilled Pepper Chicken	5.99	7.79
With onions, peppers & mushrooms		
BLT	3.99	4.99
Poor Boy Toasted with ham, tomato & pizza cheese	4.99	

FOCACCIA SANDWICHES

Grilled Chicken With Caesar dressing, provolone, romaine & tomato	7.69
Angus Steak & Cheese With Caesar dressing, provolone, romaine & tomato	7.69
All Natural Turkey Roasted red peppers, provolone, romaine & tomato	7.69
Italian Cold Cut Genoa salami, provolone, capicola, prosciutto, roasted red peppers, romaine & tomato	7.69
Veggie American, provolone, roasted red peppers, romaine & tomato	7.69
Eggplant Roasted red peppers, provolone, romaine & tomato	7.69

PANINI

Classic Italian Cold Cut Genoa, provolone, capicola, prosciutto & roasted red pepper sauce	5.99
Turkey, Ham & Swiss With spicy mustard	5.99
Chicken Pesto With provolone, tomatoes, red onions & pesto sauce	5.99
BBQ With cheddar cheese, bacon, red onions & BBQ sauce	5.99
Roast Beef With provolone, red onions & horseradish sauce	5.99
Veggie Provolone & Swiss, spinach, mushrooms, red onions & pesto sauce	5.99
Cuban With Swiss, ham, red onions, pickle & spicy mustard	5.99

★ ★ ★ GET ONE GRILLED. YOU'LL LOVE IT! ★ ★ ★

Pizza & Calzone

TRADITIONAL PIZZA

	9"	14"	16"
Build Your Own Cheese	5.75	10.95	13.95
Extra Cheese	1.00	2.00	2.50
Toppings	.75	1.25	1.75

Choice of: bacon, broccoli, sausage, hamburger, ham, pepperoni, green peppers, pineapple, hot peppers, onions, olives, mushrooms, meatballs, spinach

Premium Toppings 1.25 2.25 3.00

Choice of: chicken, capicola, prosciutto, feta, Genoa salami

SPECIALTY PIZZA

	9"	14"	16"
Our Famous Creations	7.25	14.95	18.95

Giovanni's Original Ham, pepperoni, onions, green peppers & olives

Carne Grande Ham, pepperoni, sausage & hamburger

Chicken Spinaci Grilled chicken, garlic sauce, tomatoes, provolone & mozzarella

Chicken Alfredo Grilled chicken, broccoli, roasted red peppers & alfredo sauce

Veggie Supremo Tomatoes, mushrooms, onions, green peppers, & olives

Greek Spinach, Greek olives, tomatoes, & feta

White Garlic sauce, tomatoes, onions, broccoli, spinach, peppers, mushrooms, Greek olives & three cheeses

Buffalo Chicken Grilled chicken, blue cheese & Buffalo sauce

BBQ Grilled chicken, bacon, red onions, cheddar cheese & BBQ sauce

CALZONE

Carne Grande With pizza sauce, ham, pepperoni, sausage, hamburger, tomatoes & cheese	7.49
Chicken Spinaci With garlic butter, grilled chicken, spinach, tomatoes & cheese	8.99
Veggie Supremo With pizza sauce, mushrooms, onions, green peppers, olives, tomatoes & cheese	7.49
Pepperoni, Mushroom & Sausage With pizza sauce, tomatoes & cheese	7.49
Sausage, Onion & Green Pepper With pizza sauce, tomatoes & cheese	7.49
Spaghetti with Meat Sauce With tomatoes & cheese	7.49
Angus Steak With garlic butter sauce, onions, green peppers, mushrooms, tomatoes & cheese	7.49

All Calzones contain a blend of provolone and mozzarella cheeses and chopped tomatoes

Pasta

PASTA DINNERS

PERFECT FOR TWO

	ORIGINAL SAUCE	WITH MEATBALLS	WITH SAUSAGES	MEAT SAUCE
Pasta	5.99	6.79	7.49	add to any pasta for \$1.50
Baked Pasta	7.49	7.99	8.49	

Choice of: Spaghetti, Ziti, Fettuccine

Chicken Parmigiana	8.99
Eggplant Parmigiana	8.99
Fettuccine Alfredo	6.99
Grilled Chicken Alfredo	8.99
Grilled Chicken & Garlic Sauce	8.99

LUNCHEON PASTA

PERSONAL SIZE

Luncheon Baked Pasta With sausage, chicken or meatballs	5.59
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PASTA BUCKETS

FEED THE WHOLE FAMILY

	ORIGINAL SAUCE	MEAT SAUCE
Pasta	8.49	add to any pasta for \$1.50
Pasta with 4 Meatballs	11.49	
Pasta with 4 Sausages	12.49	
Combo Pasta: 4 Sausages & 4 Meatballs	15.49	

Choice of: Spaghetti, Ziti, Fettuccine

Pazzo & Stuffers

OUR FAMOUS SPECIALITES

Cheese Pazzo Bread Fresh baked dough seasoned with garlic, herbs, cheeses with a dipping sauce	4.59
Stuffers Meat or veggie with a dipping sauce	Three 2.99 Six 4.69 Twelve 7.99

Dessert

THE SWEETEST TREAT

Cinnamon Pazzo Dolce Fresh baked dough topped with sweet cinnamon streusel and a delicious icing	3.49
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You want fresh?

Salads

FRESH & DELICIOUS

Dinner Salad	2.49
Garden Salad	3.99
Chef Salad	6.39
Italian Chop Salad	6.99
Antipasto Salad	6.39
Greek Salad	6.39
Caesar Salad	4.99
Caesar with Grilled Chicken	6.99
Grilled Chicken Breast Salad	6.99
Chicken Plate Salad	6.99
Tuna Plate Salad	6.99

On the Side

A FEW TASTY ADDITIONS

Chicken Tenders		4.99
Meatballs	Each	1.25
Italian Sausage	Each	1.50
Sauce Scoop	Each	.60

Love Amato's more.



Although we may be a bit biased, we are extremely convinced that the more you eat our fresh-made, great-tasting food the more you'll love us. It's true.

While there are no scientific studies to back that claim, we do know that **we have been pleasing hungry people just like you with great Italian foods since 1902.** Back then, when Giovanni Amato started selling sandwiches to the hungry workers on Portland's waterfront, he **committed himself to using the freshest ingredients he could find** and serving his creations at a fair price.

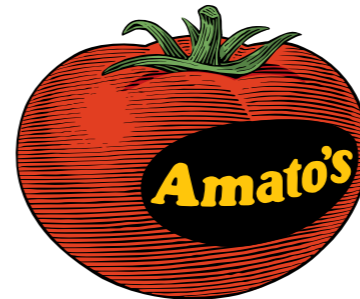


In fact, Giovanni invented the very popular Amato's Italian way back then. Served on bread baked by his family.

Over the years we've added to our menu and now offer pizza, pasta, Pazzo bread, wraps... all kinds of tasty treats to help you feed your hungry self and/or your family and friends. But we remain intensely committed to freshness and flavor.

**Welcome to Amato's.
How can we feed you today?**

Visit your local Amato's today!
Call ahead and we'll have your order ready.



Great fresh food since 1902.

Rockland Amato's
77 Park Street
Rockland, Maine
Phone: 207.594.7760
Fax: 207.594.7737

amatos.com



Visit amatos.com for a complete list of Amato's locations in Maine, New Hampshire and Vermont.



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