

★ PAZZO + STUFFERS ★

**Cheese Pazzo Bread** Fresh baked dough seasoned with garlic, herbs, cheeses with a dipping sauce 5.95 | 1080 cal

**Stuffers** Half Dozen 6.95 | 1040-1280 cal  
Meat, Veggie or Cheese with a dipping sauce Dozen 11.95 | 1990-2400 cal

★ FRESH SALADS ★

<b>Garden Salad</b>	5.95   60 cal	<b>Caesar Salad with</b>	
<b>Chef Salad</b>	8.95   300 cal	<b>Grilled Chicken</b>	8.95   510 cal
<b>Greek Salad</b>	8.50   220 cal	<b>Grilled Chicken</b>	
<b>Caesar Salad</b>	6.95   350 cal	<b>Breast Salad</b>	8.95   460 cal
<b>Antipasto Salad</b>	8.50   370 cal	<b>Chicken Salad Plate</b>	7.85   500 cal
		<b>Tuna Salad Plate</b>	7.85   490 cal

★ ON THE SIDE ★

<b>Chicken Tenders (Regular or Buffalo)</b>	6.95   430 cal
<b>Hot Wings</b>	One Dozen 11.95   1580 cal
	Two Dozen 22.95   3170 cal
<b>Oven Baked French Fries</b>	2.95   370 cal
<b>Onion Rings</b>	4.29   560 cal

★ EXTRAS ★

<b>Meatballs</b>	Each	1.95   130 cal
<b>Italian Sausage</b>	Each	2.00   250 cal
<b>Sauce</b>	Scoop	.85   50 cal

Visit [amatos.com](https://www.amatos.com) for a complete list of Amato's locations in Maine, Massachusetts, New Hampshire, and Vermont

Printed 07/2022 Prices subject to change.

VISIT YOUR LOCAL AMATO'S  
*Call ahead and we'll have your order ready*

HOLDEN AMATO'S

1024 Main Road

Holden, ME 04429

Phone: 207.843.0888

Conveniently Located Inside  
**G&M Family Market**

GREAT FRESH FOOD  
SINCE 1902

**A**lthough we may be a bit biased, we are extremely convinced that the more you eat our fresh-made, great-tasting food the more you'll love us. It's true.

While there are no scientific studies to back that claim, we do know that **we have been pleasing hungry people just like you with great Italian foods since 1902.** Back then, when Giovanni Amato started selling sandwiches to the hungry workers on Portland's waterfront, he **committed himself to using the freshest ingredients he could find** and serving his creations at a fair price.

In fact, Giovanni invented the very popular Amato's Italian way back then.

Served on fresh bread baked by his family.

**Over the years we've added to our menu and now offer pizza,**

**pasta, pazzo bread, wraps...** all kinds of tasty treats to help you feed your hungry self and/ or your family and friends. But we remain intensely committed to freshness and flavor.

**Welcome to Amato's.**

**How can we feed you today?**

**AMATOS.COM**

TAKE-OUT  
MENU



PIZZA ★ PASTA  
SANDWICHES

*Great fresh food since  
1902*

★ ORIGINAL ITALIAN SANDWICHES ★

	SMALL	LARGE
<b>Classic Italian Cold Cut</b> Genoa salami, capicola, prosciutto, provolone	7.75   530 cal	10.45  840 cal
<b>Amato's Original Real Italian</b> Ham, cheese, all veggies	5.35   330 cal	6.50   550 cal
<b>Double Real Italian</b> Twice the ham and cheese	6.55   440 cal	8.95   700 cal
<b>Veggie Italian</b> with American Cheese	5.35   370 cal	6.50   600 cal
<b>All Natural Turkey</b>	7.25   390 cal	9.95   650 cal
<b>Roast Beef</b>	7.25   400 cal	9.95   670 cal
<b>Pepperoni</b>	6.25   530 cal	8.75   820 cal
<b>Genoa Salami &amp; Provolone</b>	6.25   470 cal	8.75   750 cal
<b>Tuna Salad</b>	6.95   440 cal	9.50   790 cal
<b>Chicken Salad</b>	6.95   450 cal	9.50   800 cal

All above sandwiches served with American cheese, onions, pickles, tomatoes, green peppers, olives, salt, pepper and oil

Each extra vegetable	.65   0-15 cal	.95   0-30 cal
Extra Provolone, Swiss or American	.85   70-110 cal	1.25   110-160 cal
Extra Pizza Cheese	1.20   140 cal	1.50   190 cal
Extra Meat	1.50   35-300 cal	2.10   50-300 cal

Fresh Baked Bread Daily.

★ FRESH WRAPS ★

<b>Veggie</b> with Am. cheese, onions, pickles, cucumbers, lettuce, tomatoes, mayo	7.75   580 cal
<b>Grilled Chicken Club</b> with lettuce, tomatoes, mayo, bacon	9.95   810 cal
<b>Chicken Salad</b> (all white meat) with lettuce, tomatoes	7.95   600 cal
<b>Angus Steak &amp; Cheese</b> with Am. cheese, lettuce, tomatoes, mayo	9.50   830 cal
<b>Grilled Chicken</b> with lettuce, tomatoes	9.50   590 cal
<b>Chicken Bacon Ranch (Regular or Buffalo)</b> with lettuce, tomatoes	9.95   980 cal
<b>Turkey Bacon</b> with American cheese, lettuce, tomatoes, mayo	9.95   760 cal
<b>Buffalo Chicken</b> with Buffalo sauce, ranch, lettuce, tomatoes	9.50   880 cal
<b>Grilled Chicken Caesar</b> with Romaine lettuce, Romano cheese	9.95   960 cal
<b>Tuna Salad</b> with lettuce, tomatoes	7.95   600 cal

Our Fresh Wraps available in White, Wheat, Spinach & Sun Dried Tomato

★ HOT SANDWICHES ★

	SMALL	LARGE
PARMIGIANA		
<b>Meatball Parmigiana</b>	6.75   680 cal	9.50   1010 cal
<b>Sausage Parmigiana</b>	7.95   900 cal	10.50   1340 cal
<b>Chicken Parmigiana</b>	6.95   700 cal	9.50   1040 cal
<i>ALL PARMIGIANA SANDWICHES ARE OVEN BAKED WITH PROVOLONE &amp; MOZZARELLA</i>		
<b>Angus Steak &amp; Cheese</b> with onions, peppers, mushrooms	8.95   680 cal	10.95   1000 cal
<b>Grilled Sausage</b> with onions, peppers	7.50   740 cal	9.65   1150 cal
<b>Chicken Tender (Regular or Buffalo)</b>	6.95   620 cal	9.50   900 cal
<b>Grilled Pepper Chicken</b> with onions, peppers, mushrooms	7.95   420 cal	9.95   690 cal
<b>BLT</b> with bacon, lettuce, tomato, mayo	5.95   510 cal	7.95   700 cal
<b>Poorboy</b> with ham, melted pizza cheese, tomatoes		7.95   830 cal

★ PASTA DINNERS ★

	ORIGINAL SAUCE	MEATBALLS	MEAT SAUCE	SAUSAGE
<b>Ziti</b>	7.95   650 cal	9.50   940 cal	9.95   970 cal	10.50   1150 cal
<b>Baked Ziti</b>	9.75   940 cal	10.50   1220 cal	11.75   1260 cal	11.50   1430 cal
<b>Chicken Parmigiana</b>				11.50   1420 cal
<b>Grilled Chicken</b> (with garlic sauce) roasted red peppers, broccoli				11.50   1730 cal
<b>Luncheon Baked Pasta</b> with chicken, meatballs or sausage				6.99   730-840 cal

★ ORIGINAL CRUST PIZZA ★

	9" 9.95	16" 19.95
<b>Giovanni's</b> Ham, pepperoni, onions, green peppers, olives		
	1120 cal   3310 cal	
<b>All Meat</b> Ham, pepperoni, sausage, hamburger		
	1340 cal   3750 cal	
<b>Lucerne Lake</b> blue cheese dressing, chicken, hot sauce		
	1200 cal   3790 cal	
<b>Grilled Chicken &amp; Spinach</b> Garlic, tomatoes, provolone, mozzarella		
	1240 cal   3700 cal	
<b>Green Lake</b> BBQ chicken, bacon, onions, red sauce		
	1180 cal   3520 cal	
<b>Veggie</b> Tomatoes, mushrooms, onions, green peppers, olives		
	950 cal   2830 cal	
<b>Greek</b> Spinach, Greek olives, tomatoes, feta		
	960 cal   2760 cal	

★ CRAFT YOUR OWN PIZZA ★

Build Your Own	9"	16"
<b>Cheese</b>	7.50   790 cal	16.50   2600 cal
<b>Extra Cheese</b>	1.40   190 cal	2.95   570 cal
<b>Toppings</b>	1.00   5-270 cal	2.25   15-680 cal
<b>Choice of:</b> bacon, broccoli, sausage, hamburger, ham, pepperoni, green peppers, pineapple, hot peppers, onions, olives, mushrooms, meatballs, spinach, Genoa salami		
<b>Premium Toppings</b>	1.50   255 cal	3.25   630 cal
<b>Choice of:</b> chicken, prosciutto		

★ CALZONE ★

<b>All Meat</b> with ham, pepperoni, sausage, hamburger	10.50   1320 cal
<b>Grilled Chicken &amp; Spinach</b>	11.50   1270 cal
<b>Veggie</b> with fresh tomatoes, mushrooms, onions, green peppers, olives	10.50   1060 cal
<b>Pepperoni, Mushroom &amp; Sausage</b>	10.50   1310 cal
<b>Sausage, Onion &amp; Green Pepper</b>	10.50   1190 cal
<b>Angus Steak</b> with onions, peppers, mushrooms	11.50   1400 cal

All Calzones contain a blend of provolone and mozzarella cheeses, chopped tomatoes, sauce