# * FRPSH WRAPS $*$ 

Veggie
american cheese, pickles, onions, cucumber, leftuce, tomatoes, mayo
7.99

580 cal

Turkey Bacon
cheese, bacon, lettuce, tomatoes, mayo

Grilled Chicken Club
bacon, lettuce, tomatoes, mayo
10.99

810 cal

Chicken Bacon Ranch
lettuce, tomatoes
10.99

980 cal

Grilled Chicken Caesar
romaine leftuce, romano cheese
10.99

760 cal

Buffalo Chicken
buffalo sauce, ranch, lettuce, tomatoes

Grilled Chicken
Chicken Salad
lettuce, tomatoes made with all white meat, lettuce, tomatoes made with lettuce, tomatoes

Our Fresh Wraps available in:
White, Wheat, Spinach, and Sun Dried Tomato.

## * PARMIGIANA SANDWICHBS *

OUR PARMIGIANA SANDWICHES ARE OVEN-BAKED WITH A
DELICIOUS BLEND OF PROVOLONE \& MOZZARELLA CHEESES

Meatball Parmigiana
hearty, saucy, filling - this is the one

| 7.99 sm | 9.99 lg |
| :--- | :--- |
| 680 cal | 1010 ca |

Chicken Parmigiana
breaded tenders, our signature sauce
7.99 sm $\quad 9.99 \mathrm{lg}$

700 cal
1040 cal

Sausage Parmigiana
a sweet, italian specialty
$\begin{array}{cc}7.99 \mathrm{sm} & 10.99 \mathrm{lg} \\ 900 \mathrm{cal} & 1340 \mathrm{cal}\end{array}$

# * HOT SANDMMBHES $\star$ 

| Chicken Tender |
| :---: |
| regular or buffalo with lettuce, tomatoes, |
| mayo |


| 7.99 sm | 9.99 lg |
| :---: | :---: |
| 620 cal | 900 cal |

## Classic BLT

bacon, lettuce, tomatoes, mayo
$\begin{array}{ll}5.99 \mathrm{sm} & 7.99 \mathrm{lg} \\ 510 \mathrm{cal} & 700 \mathrm{cal}\end{array}$

Toasted Turkey Ciabatta<br>with bacon and cheddar cheese

8.99

650 cal

## CARVER * MASS

133N. Main St. Carver, MA • Take Out / Eat In

## MIDDLFBORO $\star$ MASS

447 Wareham St. S. Middleboro, MA • Take Out / Eat ln

## WARHHAM $\star$ MASS

2501 Cranberry HWY. Wareham, MA • Take Out / Eat In

2,000 calories a day is used to determine general nutrition advice, although calorie needs vary. Ask for additional nutrition information.
The consumption of raw, or undercooked meat, eggs, or poultry, can lead to food-borne illness.


Classic Cold Cut Italian
genoa salami, capicola, prosciutto, provolone

| 8.99 sm | 10.99 lg |
| :---: | :---: |
| 440 cal | 780 cal |

Original Real Italian
ham, cheese, all the veggies

$$
\begin{array}{cc}
6.09 \mathrm{sm} & 7.39 \mathrm{lg} \\
330 \mathrm{cal} & 590 \mathrm{cal}
\end{array}
$$

Pepperoni Italian
not just for pizza - perfect in an italian

| 7.99 sm | 9.99 lg |
| :--- | :--- |
| 430 cal | 710 cal |

Veggie Italian
vegetarian version of the original 6.09 sm 370 cal

Tuna Salad Italian
a delicious sandwich

| 7.99 sm | 9.99 lg |
| :--- | :--- |
| 430 cal | 790 cal |

Chicken Salad Italian
made with all white meat
$7.99 \mathrm{sm} \quad 9.99 \mathrm{lg}$
440 cal
790 cal

Turkey Italian
built with all-natural turkey

| 7.99 sm | 9.99 lg |
| :--- | :--- |
| 360 cal | 610 cal |

Genoa \& Provolone Italian
seasoned italian salami

| 7.99 sm | 9.99 lg |
| :---: | :---: |
| 430 cal | 710 cal |

## Roast Beef Italian

robust \& delicious - packed with flavor
8.99 sm
10.99 lg

370 cal
630 cal

